

5960 m, MJB

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| 1. Sproßmann, Tobias | SV Fortuna Schmölln | 27:20,0 |
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5960 m, M70

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| 1. Schwarz, Günter | SV Einheit Ueckermünde | 37:23,0 |
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5960 m, W30

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| 1. Semmler, Andrea | SV scn energy Torgelow | 31:05,0 |
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5960 m, W35

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| 1. Köppen, Jeanette | Running Gags Löcknitz | 42:49,0 |
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5960 m, W40

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| 1. Brüßow, Simone | Lauffreunde Penkun | 31:41,0 |
| 2. Uffmann, Constanze | Running Gags Löcknitz | 32:55,0 |
| 3. Nitsche, Kathrin | Ferdinandshof | 35:26,0 |

5960 m, W45

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| 1. Gärtner, Sabine | Running Gags Löcknitz | 29:04,0 |
| 2. von Bastian, Sybille | SVG Eggesin 90 | 33:46,0 |
| 3. Lorenz, Sylvia | 1. LAV Torgelow | 39:01,0 |

5960 m, W50

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| 1. Mundt, Sylvia | HSV Neubrandenburg | 28:58,0 |
| 2. Fischer, Margitta | Jatznick | 42:03,0 |